



WEEK 1 MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Blueberry Pancakes Fruit Milk	Whole Grain Cereal Banana Milk	Bagels w/cream cheese Fruit Milk	Cheese Toast Mixed Fruit Milk	Waffles Mandarin Oranges Milk
AM SNACK	String Cheese Whole Wheat Crackers	Sun Butter and Saltine Crackers	Vanilla Wafers	Graham Crackers	Fruit Parfait Nut Free Granola
LUNCH	Spaguetti with Ground Turkey Green Beans Mandarin Oranges Milk	Rice with Lentils Green Beans Fruit Cocktail Milk	Grilled Chicken Mashed Potato Peas Pineapple Milk	Bean and Cheese Quesadillas Cooked Carrots Apple Sauce Milk	Cheese Pizza Mixed Vegetables Peaches Milk
PM SNACK	Jell-O with Fruits	Veggie Straws	Animal Crackers	Sliced Turkey Saltine Crackers	Pretzels

WEEK 2 MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Bagels w/cream Cheese Fruit Milk	Biscuits and Jelly Milk	Whole Grain Cereal Banana Milk	French Toast Apple Slices Milk	Blueberry Pancakes Fruit Milk
AM SNACK	Fruit Bars	Vanilla Wafers	Sun Butter and Saltine Crackers	Cheese and Ritz Crackers	Graham Crackers
LUNCH	Alfredo Pasta w/Chicken Corn Fruit Cocktail Milk	Grilled Cheese Sandwich Tomato Soup Fruit Cocktail Milk	Oven baked Fish Sticks Carrots French Fries Mixed Fruit Milk	Oven baked chicken Mashed Potatoes Broccoli Pineapple Milk	Rice with Black beans Mixed Veggies Pears Milk
PM SNACK	Cucumber slices and Ranch	Pretzels Infants: Animal Crackers	Mini Muffins	Goldfish	Veggie Straws

WEEK 3 MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Blueberry Pancakes Fruit Milk	Whole Grain Cereal Banana Milk	Bagels w/cream Cheese Fruit Milk	Cheese Toast Mixed Fruit Milk	Waffles Mandarin Oranges Milk
AM SNACK	Fruit Parfait Nut Free Granola	Fruit Bars	Pretzels Raisins Infants: Animal Crackers	Vanilla Wafers	Whole Wheat Crackers with Hummus
LUNCH	Macaroni and Real Cheese Chicken Nuggets Mixed Veggies Apple Slices Milk	Rice w/Lentils Peas Applesauce Milk	Turkey Meatballs and Gravy Mashed Potatoes Broccoli Pineapple Milk	Chicken Rice Green Beans Fruit Cocktail Milk	Cheese Pizza Mixed Veggies Pears Milk
PM SNACK	Pretzels Infants: Vanilla Wafers	String Cheese Saltine Crackers	Cheez-Its	Jell-O with Fruits	Veggie Straws

WEEK 4 MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Bagels with Cream Cheese Mango Dices Milk	Biscuits and Jelly Milk	Whole Grain Cereal Banana Milk	French Toast Apple Slices Milk	Blueberry Pancakes Fruit Milk
AM SNACK	Fruit Bars	Jell-O with fruits Pretzels Infants: Animal Crackers	Sun Butter with Crackers	Pretzels	Mini Muffins
LUNCH	Pasta w/ Chicken Green beans Apple Sauce Milk	Rice with black beans Broccoli Peaches Milk	Turkey Meatballs Mashed Potatoes Peas Pineapple Milk	Chicken Nuggets Cooked Carrots Pears Milk	Soft Turkey Tacos w/cheese Mixed Veggies Pears Milk
PM SNACK	Veggie Straws	Cucumber slices and Ranch	Graham Crackers	Goldfish	Cheez-its