



Infant 0-6 Months Developmental Goals

Developmental Characteristics for 0-6 Months	Recommended Activities for 0-6 Months
They usually follow and respond to objects or faces as they move.	Talk with them and hold them. Give them interesting things to see.
Plays with fingers hands and toes.	Perform fun fingerplay songs, for example: The Itsy-Bitsy Spider.
They hold and manipulate objects; they suck on everything.	Provide safe, soft washable toys for the children to look at and suck on so they can explore their world.
Reacts to sounds of voices, rattles, or bells.	Play instruments in the classroom, always talking to the babies and telling them about the instruments. If safe, let the child hold the instrument and make his/her own music.
They vocalize to themselves, people, and toys; cooing.	Talk with infants. Respond to their sounds. Know when to be quiet, and let the children experience and enjoy making sounds.
They raise themselves up on their forearms (when on stomach) and hold head up.	Place the baby on a rug or mat on their stomach and then lie down with them so the two of you are head to head. Talk to the baby and encourage them to raise themselves up.
At about 4-6 months can roll from back to tummy.	Place toys near and above child, encouraging him/her to roll over for a better view.
Cries deliberately for assistance.	Respond quickly to a child's cry. Children at this age need to know they can trust you.
At about 5 months will smile at self in the mirror.	Use wall and floor mirrors and point out the beautiful baby!
At about 6 months will grab objects.	Hold objects close so the child can reach for them.

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