



Infant 7-12 Months Developmental Goals

Developmental Characteristics for 7-12 Months	Recommended Activities for 7-12 Months
Learns to crawl stand up and walk.	Provide safe furniture. Place interesting thing in the environment so the children will want to get them. Encourage them to crawl around the room, then cruise, and eventually walk by placing items around the room they will want to play with.
Sits with support.	Seat the child in front of you on the floor. Let him/her rest gently against your hand or knee for support. Then, gently move away from the baby, keeping hand just inches away, encouraging this newfound strength.
Transfers toy from hand to hand.	Sitting across from the baby, try playing a mimic game: put a toy in one hand, and then transfer it to the other hand. Now encourage the baby to choose a toy and do the same. Observe a child who has one toy in his/her hand. Offer a second toy to the child. Does the baby put the first toy down or does he/she move it to the other hand?
Develops expectation about familiar event.	Stay with your daily routine. The babies will expect and ask for their bottle, nap, etc. with “their” language.
Sees almost everything with good vision.	Provide lots of interesting objects. Don’t forget the floor and the ceiling are what babies see a lot of; make the best use of your space.
Begins to cruise and eventually walks.	Hold his/her hands and support the baby as he/she takes steps. Cheer for the baby as he/she walks.
Interacting and eye-hand coordination begin to advance.	Social games such as Pat a Cake and Peek a Boo are great for babies. They help baby’s social skills, language, and understanding of gestures.
At about 8 months like to empty and dump objects.	Have plenty of buckets, baskets, and age appropriate manipulatives for gathering and dumping.
At about 12 months a child can point to body parts.	Play fun games that involve pointing to your head, eyes, ears, and nose.

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